



Residents/Family/Friends/Staff,

-Status: We continue to have no known cases of Covid-19!

-Covid-19 Testing: As of Tuesday, we reached 100% compliance with Covid-19 testing of staff and contract employees. We are happy to report that every test came back negative! This is a huge victory considering the current spike in cases in Hamilton County and the prevalence of asymptomatic carriers. Thank you all for your diligence in keeping our residents and each other healthy during this unprecedented time.

-Extended Hours: After some security upgrades to the porch and courtyard, we are excited to announce that access to the porch and courtyard has been extended. Until further notice, Residents will have access to these outdoor spaces from 9:00 AM – 8:00 PM on the days assigned to the floor they reside on.

-Video chats: We ask that family/friends be flexible with the start times of scheduled video chats. While we do our best to start on time, there are a number of things which may result in a delay/missed session. Most commonly, a Resident is receiving personal care and to protect the dignity of all who reside here, sessions cannot begin until Nursing has finished completing their tasks. If you unfortunately miss a session, please feel free to contact Heather to reschedule.

-Blacktop Sealcoating: Beginning on Thursday, our blacktop areas began a sealcoating treatment. There will be minor inconveniences Friday- Sunday, we request that everyone abide by the areas blocked off by cones. Monday and Wednesday are going to be more complicated. The main parking area in the back will only have half of the parking spots accessible, therefore parking on the street will be required for some. Any family/friends who plan to drop off care packages/laundry will need to be prepared to possibly walk from the road to the back entrance.

-Outdoor Visitation: Since the announcement made on Monday, there has been no formal guidance on outdoor visitation for the Long-Term Care setting. We anticipate the guidance will be similar to that for Assisted Living and are working to develop a program that mirrors these requirements which include visitation to be scheduled in advance, time limits on session and a limit number of family participants.

In an effort to begin to prepare everyone mentally for what an outdoor visitation **MAY** look like, reiterating that we are still in the planning stage without any formal guidance from The Ohio Department of Health we anticipate the following to be in place:

- any resident on isolation precautions will not be permitted to participate in outdoor visitation program
- family/friends will need to pass an infection control screening before the session begins
- approximately 40-minute sessions
- anticipate family/friends permitted to be involved will be 2-4 individuals a session
- anticipate no physical contact will be permitted, a plexiglass barrier will be between the parties as an infection control measure
- family/friends will need to bring your own chair (if desired) as an infection control measure

We anticipate many family/friends will want to participate in this expanded visitation program, despite it not being the reunion everyone longs for complete with hugs and kisses. If you could let Heather know how many outdoor visits you anticipate wanting to participate in each month, this would be helpful for planning purposes. Our goal is to develop a successful program within the Ohio Department of Health guidelines which balance the desired involvement of those in the community with what the facility can facilitate in a safe manner.

As always if you have any questions/comments/concerns, please feel free to contact myself, Scot Harmon (Administrator) or Patricia Clark (CEO).



July 7, 2020

Dear Residents/Family/Friends/Staff,

As you know, our whole world is dealing with an unprecedented crisis related to the highly contagious novel coronavirus (COVID-19). We are all pulling together to try to “flatten the curve” so that we can make sure that there are sufficient resources to protect those who are most vulnerable. In order for us all to be able to make informed decisions about what is best for ourselves and our families, we believe that it is important that people know where COVID-19 has manifested.

We have experienced a positive COVID-19 test.

Unfortunately, despite our efforts, like so many other communities like ours, we too have had a staff member test positive for COVID-19. This staff member was immediately removed from the schedule to minimize exposure risk to other Residents/Staff and will remain on medical leave until a physician certifies they are safe to return to work. While this is not unexpected, it still saddens us, and our hearts go out to those affected. We have notified our local and state departments of health and will continue to work with them to monitor our active cases.

We are taking steps to reduce the spread of infection.

Given the high risk to the population that we serve, we have adopted a number of measures designed to protect our residents and staff. These include a no visitor policy except for hospice, enhanced health screening of residents and staff multiple times a day, isolating residents with symptoms, maintain our residents to their designated floors, maintaining the same staff to individual floors, sending staff with symptoms home to quarantine, providing all staff and residents with the appropriate personal protective equipment, providing the front-line staff with homemade masks for their personal use outside of work, facility-wide access to hand sanitizer and disinfected products for work areas and many other measures informed by guidance from federal agencies, such as the Centers for Disease Control (CDC).

We will not be sharing details publicly about positive tests.

Rest assured, if we need to contact a family member with updates about a specific resident, we will reach out directly. But, also, please note that out of respect to those affected and their families and, in accordance with privacy laws, we will not be sharing any details regarding our positive cases publicly.

Action Plan.

We have contacted UC Health and will be picking up Covid-19 test kits this afternoon to begin proactive screening of everyone associated with the facility. Out of an abundance of caution, the proactive screening will include testing all Residents and Staff **twice**, with swabs spaced out 5-7 days apart to ensure that we are able to quickly identify anyone who is currently asymptomatic in addition to anyone that develops symptoms over the next week. Any subsequent positive test results will be communicated.

Contact us with questions.

We know that this pandemic is particularly challenging for you. We empathize with your feelings of separation and vulnerability, and we want to thank you for your ongoing support and trust. If you have any questions about COVID-19 or the steps that we are taking to protect our residents, please contact Scot Harmon, Administrator, at 513-842-0774, sharmon@beechwoodhome.com.

Sincerely,
Scot Harmon,
Administrator

Patricia A. Clark, DM
CEO, Administrator



July 10, 2020 Letter 1

Dear Residents/Family/Friends/Staff,

Summary

While unfortunate but not unexpected, additional staff have tested positive for Covid-19. We are reporting two additional staff members who have tested positive. This brings our total active cases to three. The facility has had a total of three confirmed Covid-19 tests associated with the facility to date. All three staff members were immediately removed from the schedule upon notification to minimize exposure risk to other Residents/Staff and will remain on medical leave until a physician certifies they are safe to return to work. **On a positive note**, these latest two cases were not associated with the Round 1 testing performed this week. They were community tests performed prior to the initiation of our action plan and these individuals have not worked any shifts at the facility prior to the initiation of our action plan. **As a result, completion of Round 2 testing next week should identify any potential positive cases which could have been associated with the three active staff positive cases.** These additional cases sadden us, and our hearts go out to those affected. We have notified our local and state departments of health and will continue to work with them to monitor our active cases.

Action Plan.

Our action plan remains the same due to the cases occurring within a close time period and the staff members not entering the building since initiation of our action plan this week. Round 1 testing was completed this week. As of this writing, we have received 97% of the Resident results, all of which were negative. Round 2 testing will begin next week. Residents will have Round 2 swabs taken on Monday. Staff will have Round 2 swabs taken on Tuesday. Any subsequent positive test results will be communicated.

We are taking steps to reduce the spread of infection.

In addition to the steps outlined in the letter distributed earlier this week, we have increased our Covid-19 medical assessment of all Residents.

We will not be sharing details publicly about positive tests.

Rest assured, if we need to contact a family member with updates about a specific resident, we will reach out directly. But, also, please note that out of respect to those affected and their families and, in accordance with privacy laws, we will not be sharing any details regarding our positive cases publicly.

Community Status Update:

Hamilton County has been added to the watch list on the new **Ohio Public Health Advisory System**. This means that the county is on the verge of turning purple which indicates *“Level 4 Public Emergency: severe exposure and spread. Only leave home for supplies and services”*. We anticipate that the increase in cases related to the facility is directly correlated to the circumstances our surrounding area is experiencing.

Contact us with questions.

We know that this pandemic is particularly challenging for you. We empathize with your feelings of separation and vulnerability, and we want to thank you for your ongoing support and trust. If you have any questions about COVID-19 or the steps that we are taking to protect our residents, please contact Scot Harmon, Administrator, at 513-842-0774, sharmon@beechwoodhome.com.

Sincerely,
Scot Harmon,
Administrator

Patricia A. Clark, DM
CEO, Administrator



7/10/20 Weekly Update

July 10, 2020 Letter 2

Residents/Family/Friends/Staff,

Status of Hamilton County: Last week, Governor DeWine in partnership with the Ohio Department of Health launched the *Ohio Public Health Advisory System*. It includes a map of all Ohio counties and categories them with a color-coded system based upon data pertaining to the status of community spread. This week, Hamilton County has been added to the watch list which means that the county is on the verge of turning purple which indicates “*Level 4 Public Emergency: severe exposure and spread. Only leave home for supplies and services*”. We anticipate that the increase in cases related to the facility is directly correlated to the circumstances our surrounding area is experiencing. Here is a link to this resource for your personal use. <https://coronavirus.ohio.gov/wps/portal/gov/covid-19/public-health-advisory-system/>

Quarantine Procedure: We have updated our procedure to limit the amount of time a Resident is isolated to their room after a community outing. Upon return, they will enter a quarantine and on day 5 a Covid-19 test will be swabbed. If the result is negative the quarantine will end, which will hopefully result in a 50% reduction in quarantine duration.

Resident Mail: For Residents who are unable to manage their personal mail, please let us know if you would like the mail set aside for pickup going forward.

Outdoor Visitation Guidance: The Fourth Amended Director’s Order may permit residents to have visitors in an outdoor setting in accordance with the guidelines and exceptions set forth below. The information below contains portions of the order which we feel are most important for everyone to be aware of.

1. Homes should consider all of the following as part of developing a comprehensive plan to commence outdoor visitation: case status in surrounding community, case status in the facility, staffing levels, access to adequate testing for residents and staff, PPE inventory and availability and local hospital capacity
2. No contact visits
3. Visitation policy includes screening visitors and maintaining a log of contact information for each visit.
4. Visitors are REQUIRED to wear a mask and when possible, residents should also wear a mask. All visitors should be an age of such maturity as to facilitate social distancing as required by the Order.
5. Home needs to have adequate staff on site to screen visitors.
6. On-site visits must be scheduled with the Home. Visitors will be provided a time for the visit as well as the length of the visit.
7. Contingency plans in place for adverse weather. Shade provided for residents.
8. All visitors shall be over the age of two.
9. No more than three visitors shall be permitted per resident per visit.

Our plan: Everyone involved in the outdoor visitation program needs to be aware that all aspects of this program are subject to change. The order specifically indicates that it is the responsibility of the Home to assess a variety of changing factors and assess if the current program is appropriate for the status of the pandemic in our area.

1. We hope to begin outdoor visitation on July 20th.
2. Sessions are planned to be available Monday- Friday, following the outdoor access schedule to the 1st floor. Specific data pertaining to the sessions available will be communicated on Monday for sessions starting the week of July 20th. Scheduling will initially be completed in one-week intervals. Scheduling will open up on the

Monday prior to the following week. Family/friends can email/text Heather with a session preference and appointments will be confirmed pending availability. Scheduling will be confirmed based upon the day/time the request was received. We anticipate having the ability to schedule sessions weekly (if desired) based upon input from family/friends, however this is subject to change if demand is observed to exceed our visitation capacity.

3. If a resident is on isolation precautions, they are not permitted to participate in outdoor visitation program.
4. The sessions will last approximately 40-minutes.
5. A plexiglass barrier will be between the parties as an infection control measure.
6. The facility will be providing seating for family/friends to use however please feel free to bring their own chair.
7. A box of gloves and cleaning supplies will be available for family/friends to use to help make their experience as comfortable as possible.
8. Visitors will be required to complete entry into the logbook in the event contact tracing by the health department is needed.
9. A facility staff member will perform the temperature screenings.
10. Visits will occur between an exterior door opening. Residents will be inside within air conditioning. Family will be outside on the opposite side of the plexiglass barrier underneath a shade covering device provided by the facility.
11. Passing of objects around the plexiglass barrier between the parties is not encouraged.
12. In the event of extreme weather, sessions for the day will be cancelled. Family/friends would be notified by phone/text.
13. No pets will be permitted to be in attendance during a session.
14. If a Resident/Family/Friend are observed to violate any aspect of this program which could result in a negative health outcome for those who reside here, the opportunity to participate in the outdoor visitation program may be terminated.
15. If a scheduled outdoor visitation session needs to be cancelled by a family/friend, we request that you let us know ASAP so that we can inform your loved one in addition to potentially scheduling another family/friend in that vacant spot.

Friendly Reminder: While texting and email are our primary forms of communication with everyone, we acknowledge it can be difficult to reference prior notices in these formats. Located on our website is an archive containing all Covid-19 related notices that has been distributed. <https://www.beechwoodhome.com/covid19>

Sincerely,

Scot Harmon,
Administrator

Patricia A. Clark, DM
CEO, Administrator



July 10, 2020 Notice #2

Dear Residents/Family/Friends/Staff,

Summary of Changes Since Last Notice:

While unfortunate but not unexpected, additional staff have tested positive for Covid-19. We are reporting **two** additional staff members who have tested positive. This brings our total active cases to five. The facility has had a cumulative total of five confirmed Covid-19 tests associated with the facility to date. Both have been placed on medical leave and removed from the schedule upon notification to minimize exposure risk to other Residents/Staff and will remain on medical leave until a physician certifies they are safe to return to work.

Update:

100% of Residents test results are in from Round 1 and 100% WERE NEGATIVE!

94% of Staff test results are in for Round 1.

Action Plan.

Our action plan is to proceed with Round 2 testing which will begin next week. Residents will have Round 2 swabs taken on Monday. Staff will have Round 2 swabs taken on Tuesday. **Based upon the test results from Round 2, Round 3 of testing may be scheduled.** Any subsequent positive test results will be communicated.

Contact us with questions.

We know that this pandemic is particularly challenging for you. We empathize with your feelings of separation and vulnerability, and we want to thank you for your ongoing support and trust. If you have any questions about COVID-19 or the steps that we are taking to protect our residents, please contact Scot Harmon, Administrator, at 513-842-0774, sharmon@beechwoodhome.com.

Sincerely,
Scot Harmon,
Administrator

Patricia A. Clark, DM
CEO, Administrator



July 13, 2020

Residents/Family/Friends,

As of this writing, we are going to proceed with initiating the outdoor visitation program beginning on Monday July 20th.

Who: Initially Residents will have a maximum of one session per week. During these sessions, up to three friends/family can be in attendance.

What: Please email (hhefren@beechwoodhome.com) or text (513) 702-8301 Heather to request a session. Reservations will be confirmed on a first come, first serve basis. When requesting a session, please include the following in your message:

- Preferred session day/time
- Name of Resident who will be participating
- Names of family/friends who will be participating in the session

When: Now taking reservations for July 20th – July 24th. Please reference the Outdoor Visitation Schedule when requesting an appointment day/time as sessions will not be confirmed if the Resident does not have access to the 1st floor on that particular day. Sessions are 40 minutes in duration.

-Mondays: 9:00, 10:00, 11:00, 2:00, 3:00, 4:00

-Tuesdays: 9:00, 3:00, 4:00

-Wednesdays: 9:00, 10:00, 11:00, 2:00

-Thursdays: 9:00, 3:00, 4:00

-Fridays: 9:00, 10:00, 11:00, 2:00, 3:00

Where: Outdoor visitation will take place in the front circle area within doorways.

As a friendly reminder, all aspects of this Outdoor Visitation Program are subject to change. Additionally, all aspects of the Video Chat Program are also subject to change as we integrate new programs into the daily routine of the facility.

We would appreciate your feedback as this program rolls out as it is our goal to balance engagement with family/friends, covid-19 transmission risk and timely execution of the program.

Sincerely,

Scot Harmon,
Administrator

Patricia A. Clark, DM
CEO, Administrator

July 2020 – Outdoor Visitation Schedule by Floor

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--|-----------------------------|-----------------------------|-----------------------------|-----------------------------|----------|
| | 2 nd Floor 3 rd Floor | | | | | |
| | 20 2 nd Floor | 21 3 rd Floor | 22 2 nd Floor | 23 3 rd Floor | 24 2 nd Floor | |
| | 27 3 rd Floor | 28 2 nd Floor | 29 3 rd Floor | 30 2 nd Floor | 31 3 rd Floor | |
| | | | | | | |



7/15/20 Special Update

Residents/Family/Friends/Staff,

We are thrilled to report that 100% of Round 2 Resident Covid-19 tests completed on Monday are negative! We are still waiting on the results for the Staff testing completed yesterday.

This wonderful news illustrates how vital mask wearing, hand hygiene and social distancing are at preventing the spread of this virus. Keep up the good work everyone!

As always if you have any questions/comments/concerns, please feel free to contact Heather Hefren hhefren@beechwoodhome.com (Director of Social Services), Scot Harmon sharmon@beechwoodhome.com (Administrator) and/or Patricia Clark pclark@beechwoodhome.com (CEO).

Sincerely,

Scot Harmon,
Administrator

Patricia A. Clark, DM
CEO, Administrator



Residents/Family/Friends/Staff,

We are thrilled to report that **100% of Round 2 Resident Covid-19 tests completed on Monday are negative!** We are still waiting on the results for the Staff testing completed yesterday.

This wonderful news illustrates how vital mask wearing, hand hygiene and social distancing are at preventing the spread of this virus. Keep up the good work everyone!

Sincerely,

Scot Harmon,
Administrator

Patricia A. Clark, DM
CEO, Administrator

Residents/Family/Friends/Staff,

Now accepting reservations for 7/27/20 -7/31/20. Reservation window closes on 7/23/20.

- Monday 27th (3rd floor residents): 9:00, 10:00, 11:00, 2:00, 3:00, 4:00
- Tuesday 28th (2nd floor residents): 9:00, 10:00, 2:00, 3:00, 4:00
- Wednesday 29th (3rd floor residents): 9:00, 10:00, 11:00
- Thursday 30th (2nd floor residents): 9:00, 10:00, 11:00, 1:00, 2:00, 3:00, 4:00
- Friday 31st (3rd floor residents): 9:00, 10:00, 11:00, 2:00, 3:00

Please email (hhefren@beechwoodhome.com) or text (513-702-8301) Heather to request a session. Reservations will be confirmed on a first come, first serve basis.

Scheduling tips:

- Encourage family/friends to coordinate scheduling requests either by discussing visits together with a Resident or identifying a specific week for someone to know it is their week to visit. To ensure each Resident can participate in the program each week, Residents have the opportunity for one session/week. Friendly reminder maximum of 3 visitors at a time.
- When requesting a session, please include a day, time and name of Resident participating in session.
- Verify that your loved one is participating in the program on the day that you request.

Visitation tips:

- We request that a majority of our visitors park in the back parking lot and walk to the front of the building to participate in their outdoor visitation session. If someone is unable to walk that distance, there are a couple parking spots available in the front available for use.
- The guidance from the Ohio Department of Health strongly encourages no contact visits. The setup of our outdoor visitation program is designed to maximize preventative measures only if everyone complies with staying in front of the plexiglass barrier. While we acknowledge it is possible to make contact with each other, we strongly plea to everyone involved not to do this. We have been successful at keeping all Residents Covid-19 free which is a major achievement. Intentionally bypassing our infection control barriers during your visit, while it may feel good in the moment, puts the lives of everyone who resides here at risk. We sincerely hope that everyone who participates in this program acknowledges these risks and chooses to comply with the process we have designed.
- We encourage all visitors to perform a self-assessment prior to driving to the facility. See page 2 of this update for details pertaining to the screening staff will perform before an outdoor sessions begins.

Request for Understanding:

- We recognize that this outdoor visitation program is not perfect and sympathize with the preference for evening/weekend sessions. Orchestrating a program of this nature has numerous moving parts that must line up perfectly for a smooth operation and positive experience for everyone. Many of our administrative staff members are involved in this program and as a result the identified limitations were during working hours Monday- Friday to be successful. Having adequate staffing was one of the mandatory guidelines for developing a program of this nature which we are complying with and hope everyone can understand why the program is designed the way it is.
- For safety reasons, outdoors visitation sessions will be cancelled at the last minute if lightening is present. If you observe that your session day is going to have thunderstorms and want to proactively cancel the session, please let us know ASAP.

As always if you have any questions/comments/concerns, please feel free to contact Heather Hefren hhefren@beechwoodhome.com (Director of Social Services), Scot Harmon sharmon@beechwoodhome.com (Administrator) and/or Patricia Clark pclark@beechwoodhome.com (CEO).

Sincerely,

Scot Harmon,
Administrator

Patricia A. Clark, DM
CEO, Administrator

VISITORS SCREENER QUESTIONS

Due to heightened infection control protocols related to COVID- 19, please answer candidly all the questions below. If you answer “Yes” to any of these questions, please follow the advice below.

1. Are you currently experiencing any of the following:

- Fever (100.0 degrees F or higher)
- Shortness of breath/difficulty breathing
- Cough (new or changed)

****If YES to any one symptom, individual may NOT continue visit**

- Fever (99.0 degrees F or higher)
- Chills
- Muscle Pain
- Repeated shaking with chills
- Headache
- Sore Throat
- New onset lost of taste or smell
- Nausea, vomiting, or diarrhea

****If YES to any two symptoms, individual may NOT continue visit**

2. Have you had contact with someone or do you yourself have a confirmed diagnosis of COVID-19, or under investigation for COVID-19, or are ill with respiratory illness?

****If YES, individual may NOT continue visit**

If you are not permitted to continue your visit based on your responses above, we recommend the following:

We recommend you:

- Call your GP for advice
- Stay indoors
- Avoid contact with others until you have been seen by a health professional

July 24, 2020 Update

Residents/Family/Friends/Staff,

Great news:

-Round 2 testing of staff completed last week came back 100% negative!

Outdoor Visitation:

Reservations for 7/27/20 – 7/31/20 are now closed.

Now accepting reservations for 8/3/20 -8/7/20. Reservation window closes on 7/30/20.

- Monday 3rd (2nd floor residents): 9:00, 10:00, 11:00, 2:00, 3:00, 4:00
- Tuesday 4th (3rd floor residents): 9:00, 10:00, 2:00, 3:00, 4:00
- Wednesday 5th (2nd floor residents): 9:00, 10:00, 11:00
- Thursday 6th (3rd floor residents): 9:00, 10:00, 11:00, 1:00, 2:00, 3:00, 4:00
- Friday 7th (2nd floor residents): 9:00, 10:00, 11:00, 2:00, 3:00

Please email (hhefren@beechwoodhome.com) or text (513-702-8301) Heather to request a session. Reservations will be confirmed on a first come, first serve basis.

Visitation tips:

-Visitors are NOT permitted to enter the facility. Please head to the front gated area upon arrival and head to the station # assigned to your visit. The screening questionnaire, logbook and temperature check will occur at each station.

- The guidance from the Ohio Department of Health strongly encourages no contact visits. The setup of our outdoor visitation program is designed to maximize preventative measures only if everyone complies with staying in front of the plexiglass barrier. While we acknowledge it is possible to make contact with each other, we strongly plea to everyone involved not to do this. We have been successful at keeping all Residents Covid-19 free which is a major achievement. Intentionally bypassing our infection control barriers during your visit, while it may feel good in the moment, puts the lives of everyone who resides here at risk. We sincerely hope that everyone who participates in this program acknowledges these risks and chooses to comply with the process we have designed.

Request for Understanding:

-For safety reasons, outdoors visitation sessions may be cancelled at the last minute if lightening, thunder or heavy rain is present. If we observe that a storm is approaching, we will do our best to provide advanced notice of cancellations and rescheduling opportunities if available. **Family/friends are encouraged to contact the front desk (513-321-9294) to inquire about the status of our outdoor visitation program on a given day as it relates to weather prior to your departure.**

As always if you have any questions/comments/concerns please contact myself, Scot Harmon (Administrator) or Patricia Clark (CEO).

Sincerely,

Scot Harmon,
Administrator

Patricia A. Clark, DM
CEO, Administrator





✧ ✧ **Everything Is Gonna Be All Right**

By Christina S. Callard

*The day is sunny and very bright,
Yet no one is out, which really isn't right.*

*They are all inside, away from society,
While doctors are working with huge anxiety*

*Many doctors are racing to find a cure.
Without it our community is not secure.*

*I watch as many people mope,
Some reason, I am still filled with hope.*

*Somehow I start to smile,
Almost like it's my wedding day
and I'm walking down the aisle.*

*As I go to bed I begin to ponder,
Why them not me my brain starts to wonder.*

*I lay down as my mother kisses me good night,
Then she says, "Everything is gonna be all right."*

HEALTH ALERT

Coronavirus Disease 2019 (COVID-19): Updated Guidance for Duration of Isolation

July 20, 2020

Summary and Action Items

- On July 17, 2020, the Centers for Disease Control and Prevention (CDC) updated [guidance for duration of isolation and precautions for COVID-19](#).
- For most persons with COVID-19, isolation and precautions can generally be discontinued 10 days after symptom onset and resolution of fever for at least 24 hours, without the use of fever-reducing medications and with improvement in other symptoms.
- For persons with [severe to critical illness](#) or who are severely immunocompromised, the recommended duration of isolation and precautions was extended to 20 days after symptom onset (or, for asymptomatic severely immunocompromised persons, 20 days after their initial positive SARS-CoV-2 diagnostic test).
- For persons previously diagnosed with COVID-19 who remain asymptomatic after recovery, retesting is not recommended within 3 months after the date of symptom onset for the initial COVID-19 infection (or, for persons who never developed symptoms, the date of the first positive RT-PCR test for SARS-CoV-2).
- CDC has provided a summary of current evidence and rationale for these changes [here](#).

Discontinuation of Isolation in Non-Healthcare Settings

On July 17, 2020, CDC updated guidance for [Discontinuation of Isolation for Persons with COVID-19 Not in Healthcare Settings](#).

- Symptom-based criteria were modified as follows: changed from “at least 72 hours” to “at least 24 hours” have passed since last fever without the use of fever-reducing medications, and changed from “improvement in respiratory symptoms” to “improvement in symptoms” to address the expanding [list of symptoms](#) associated with COVID-19.

Discontinuation of Transmission-Based Precautions

On July 17, 2020, CDC updated guidance for [Discontinuation of Transmission-Based Precautions and Disposition of Patients with COVID-19 in Healthcare Settings](#).

- Except for rare situations, a test-based strategy is no longer recommended to determine when to discontinue Transmission-Based Precautions.
- Symptom-based criteria were modified as follows: changed from “at least 72 hours” to “at least 24 hours” have passed since last fever without the use of fever-reducing medications, and changed from “improvement in respiratory symptoms” to “improvement in symptoms” to address the expanding [list of symptoms](#) associated with COVID-19.
- For patients with [severe to critical illness](#) or who are [severely immunocompromised](#), the recommended duration for Transmission-Based Precautions was extended to 20 days after symptom

onset (or, for asymptomatic severely immunocompromised patients, 20 days after their initial positive SARS-CoV-2 diagnostic test).

Criteria for Return to Work for Healthcare Personnel

On July 17, 2020, CDC updated guidance for [Criteria for Return to Work for Healthcare Personnel with Suspected or Confirmed COVID-19](#).

- Except for rare situations, a test-based strategy is no longer recommended to determine when to allow healthcare personnel to return to work.
- Symptom-based criteria were modified as follows: changed from “at least 72 hours” to “at least 24 hours” have passed since last fever without the use of fever-reducing medications, and changed from “improvement in respiratory symptoms” to “improvement in symptoms” to address the expanding [list of symptoms](#) associated with COVID-19.
- For healthcare personnel with [severe to critical illness](#) or who are [severely immunocompromised](#), the recommended duration for work exclusion was extended to 20 days after symptom onset (or, for asymptomatic severely immunocompromised healthcare personnel, 20 days after their initial positive SARS-CoV-2 diagnostic test).

After Discontinuation of Isolation

- For persons previously diagnosed with COVID-19 who remain asymptomatic after recovery, retesting is not recommended within 3 months after the date of symptom onset for the initial COVID-19 infection.
- For persons who develop new symptoms consistent with COVID-19 during the 3 months after the date of initial symptom onset, if an alternative etiology cannot be identified by the provider, then the person may warrant retesting; consultation with infectious disease or infection control experts is recommended. Isolation may be considered during this evaluation based on consultation with an infection control expert, especially in the event symptoms develop within 14 days after close contact with an infected person.
- Persons who develop new symptoms consistent with COVID-19 more than 3 months after the date of symptom onset of the most recent illness episode should be retested. Persons with recurrent symptoms after the first 3 months who test positive should be considered infectious and remain isolated until they again meet criteria for discontinuation of isolation and precautions for COVID-19.
- A person who has clinically recovered from COVID-19 and then is identified as a contact of a new case within 3 months of symptom onset of their most recent illness does not need to be quarantined or retested for SARS-CoV-2. However, if a person is identified as a contact of a new case 3 months or more after symptom onset, they should follow quarantine recommendations for contacts.
- For persons who never developed symptoms, the date of the first positive RT-PCR test for SARS-CoV-2 should be used in place of the date of symptom onset.
- Sources: [Duration of Isolation and Precautions for Adults with COVID-19](#) and [Clinical Questions about COVID-19: Questions and Answers](#).

Contact

Report all confirmed or probable cases of COVID-19 within 24 hours of case identification to the local health department in the jurisdiction in which the case resides. To locate a local health department, please visit <https://odhgateway.odh.ohio.gov/lhdinformationsystem/Directory/GetMyLHD>.

For general questions related to COVID-19, healthcare providers and facilities should contact their local health department. Ohio local health departments should contact the ODH Bureau of Infectious Diseases at 614-995-5599.



July 30, 2020

Dear Residents/Family/Friends/Staff,

Summary of Changes Since Last Notice:

While unfortunate but not unexpected, an additional staff member has tested positive for Covid-19. We are reporting one (1) additional staff member who has tested positive. This brings our total active cases to one (1). The facility has had a cumulative total of six (6) confirmed Covid-19 tests associated with the facility to date. This staff member been placed on medical leave and removed from the schedule upon notification to minimize exposure risk to other Residents/Staff and will remain on medical leave until a physician certifies they are safe to return to work.

Action Plan.

Our new action plan will mirror state and local guidance to strategically test residents and staff through the contact tracing approach. Under this approach, we will identify all residents and staff that had close contact over the preceding seven days with the newly identified COVID-positive individual. Those identified will be tested to identify any potential exposure as soon as possible. Any subsequent positive test results will be communicated.

Contact us with questions.

We know that this pandemic is particularly challenging for you. We empathize with your feelings of separation and vulnerability, and we want to thank you for your ongoing support and trust. If you have any questions about COVID-19 or the steps that we are taking to protect our residents, please contact Scot Harmon, Administrator, at 513-842-0774, sharmon@beechwoodhome.com.

Sincerely,
Scot Harmon,
Administrator

Patricia A. Clark, DM
CEO, Administrator

July 31, 2020 Update

Residents/Family/Friends/Staff,

Covid-19 Testing

The Ohio Department of Health has published new guidelines indicating routine testing of staff in the Long-Term Care setting is mandated. Initially this will occur bi-weekly. The benefit of routine testing is that asymptomatic cases will be identified however we anticipate that this will result in an increase of positive cases related to the facility due to the current status of Covid-19 in our region.

Positive Cases

Our new action plan mirrors state and local guidelines. In the notice we are not permitted to disclose any identifying information about the positive case. As part of the contract tracing process, we will identify Residents and Staff who may have had an exposure. **For Residents who may have had an exposure, both the Resident and the Responsible Party will be informed, in addition to a Covid-19 test being conducted.**

Outdoor Visitation:

Reservations for are now closed for 8/3 – 8/7.

Now accepting reservations for 8/10 – 8/14. Reservation window closes on 8/6.

- Monday (3rd floor residents): 9:00, 10:00, 11:00, 2:00, 3:00, 4:00
- Tuesday (2nd floor residents): 9:00, 10:00, 2:00, 3:00, 4:00
- Wednesday (3rd floor residents): 9:00, 10:00, 11:00
- Thursday (2nd floor residents): 9:00, 10:00, 11:00, 1:00, 2:00, 3:00, 4:00
- Friday (3rd floor residents): 9:00, 10:00, 11:00, 2:00, 3:00

Please contact Heather by email (hhefren@beechwoodhome.com) or text (513-702-8301) to request a session. Reservations will be confirmed on a first come, first serve basis.

Visitation tips:

- We encourage family/social networks to coordinate together to ensure everyone has an opportunity to schedule an outdoor visitation session with a Resident. For example, knowing the 1st week of the month is always your week to schedule a session may be helpful without having to worry that you are conflicting with anyone else.
- For some, talking while wearing a facial covering through a plexiglass barrier makes communication challenging. We received feedback from some visitors that they have utilized cellphones to communicate with their loved one during an outdoor visit and this has been an effective strategy. We are also in the process of obtaining some headsets to use with voice amplification devices for Residents we feel this would benefit.

-Friendly reminder that visitors are NOT permitted to enter the facility. Outdoor visitation sessions occur in the front gated area and we ask visitors to head to their assigned stations upon arrival.

Ohio Department of Health Notice:

-Please review the notice below regarding the Flu Fact Sheet. This winter Covid-19 and the Flu will be circulating in our community, both of which are of great concern to those who reside at the facility.

As always if you have any questions/comments/concerns please contact myself, Scot Harmon (Administrator) or Patricia Clark (CEO).

Sincerely,

Scot Harmon,
Administrator

Patricia A. Clark, DM
CEO, Administrator

Older Adults Influenza (Flu) Fact Sheet

What is the flu?

- The "flu" or influenza is caused by a virus.
- The flu can cause serious complications like pneumonia or death.
- It is very contagious and spreads in the U.S. each year from fall to spring.
- Older adults and young children are at highest risk but anyone can get it.

How is influenza spread?

- Influenza spreads from person to person by droplets from coughing, sneezing or close contact.

What are the symptoms?

- Flu symptoms typically start 1-4 days after a person is exposed to the flu.
- Symptoms may include:
 - Fever or feeling feverish/chills
 - Cough
 - Sore throat
 - Runny or stuffy nose
 - Muscle or body aches
 - Headache
 - Tiredness

What you should know if you are 65 years or older:

- Adults 65 years and older are at greater risk of serious complications from the flu because immune defenses weaken with age.
- For people with health problems, such as heart disease, lung disease, asthma, or diabetes, the risk of complications is higher.
- Most flu-related deaths and hospitalizations occur in people 65 years and older.

Actions people 65 years and older should take this flu season:

- Get your flu shot. While the flu vaccine varies in how well it works, vaccination is the first and most important step in protecting against the flu.
- Vaccination is especially important for people 65 years and older because they are at high risk for complications from flu.
- Getting your flu vaccine helps to protect your children, grandchildren, and those around you from getting the flu.

What should I know about the flu vaccine?

- The Ohio Department of Health (ODH) and the Centers for Disease Control and Prevention (CDC) recommend everyone 6 months of age and older get a flu vaccine every year. ODH recommends that you consult with your doctor to determine whether vaccination is appropriate for you or a family member.
- Flu vaccines are updated every year and your immunity wanes over a year, so annual vaccination is needed to ensure the best possible protection.
- You can get vaccinated throughout the flu season from September until January or even later.
- People 65 years and older can get any injectable vaccine (flu shot) that is approved for use in that age group.
- There are two vaccines specifically for people 65 and older - Fluzone® High Dose and FLUAD™ - that are designed to create a stronger immune response.

Where can I get the flu vaccine?

- Contact your doctor to see if the flu vaccine is available. You can also contact your local health department and check the following website for a location in your area:
<https://vaccinefinder.org/>