

Volume 2, issue 3 Fall 2014

# In Thanksgiving



Woodrow Wilson once said, "You are not here merely to make a living. You are here in order to enable the world to live more amply, with greater vision, a finer spirit of hope and achievement. You are here to enrich the world, and you impoverish yourself if you forget the errand."

Imagine Beechwood Home without its incredible "Friends", i.e. The Friends of Beechwood, The Beechwood Foundation, and our Grantors. We are constantly cognizant of how these Friends of Beechwood truly make a daily difference in the lives of our residents. As we begin our transition from fall to winter we are reminded of giving Thanks for all of our wonderful blessings. Those of us here at The Beechwood Home are grateful for the endless selflessness that is bestowed upon us daily. Many blessings to all in this season of Thanksgiving.

Patricia Clark, CEO

# Where Living is Full of Life...

"I am blessed." This phrase is used more often than not by one of our residents. "Life isn't always what we expect it to be, and it can be difficult but you have to make the most of it." I hear these expressions when I walk the halls and talk to the residents at the Beechwood Home. One of our long-time residents smiles all of the time; another one is always expressing gratitude. They both are the epitome of living life fully and neither one of these fine women can speak with their mouths, but they speak volumes through their eyes and with their hearts.

for their turn in physical therapy, laughter is often heard – loud laughter. A belly laugh that rocks the halls! Jokes are

In the mornings, as people are waiting

told, teasing is a must and general discussion takes place.

Our staff does its best to make Beechwood as home-like as possible. On many days there are large groups in the living room around the fireplace, playing games and enjoying each other's company. The women who provide these activities are beloved and are good friends of many residents. It is just the way it is.

When I walk the halls where the residents' rooms are, I often hear the kindness or concern in the voices of our nurses, social workers and nursing aids. As a volunteer is leaving for the day, I hear our volunteer coordinator thanking her for her help. She says "No, I should be thanking you for the opportunity."

Every sunny day, one of our residents goes outside and listens to classical music. The first time I witnessed one of our employees bringing her back into the building I saw him "conducting" the music for her as he took her to the elevator. My jaw dropped.

This has become a ritual for both of them, and the joy it brings to each and to those

around them is one of those "aha" moments.

So, I don't know what it is like to live at The Beechwood Home I only know what it is like to spend 30 hours a week here – where living is full of life. I usually get in my car smiling.

By Judy Sandquist Development Officer

Leaving a Legacy

## **Volunteer Connection**

## Jim Arnett - Volunteer Extraordinaire



Four to five times a week we are blessed to be greeted with the smiling face and soft demeanor of volunteer, Jim Arnett. Jim began volunteering with us in 1994 when his son, Jimmy, first

moved to Beechwood. Jim started out driving residents on off-site excursions, working in the kitchen, visiting residents, cleaning the bird aviary and whatever else was needed. He was here so often that, after a short time, he was put on payroll as a part-time employee.

When asked how he feels after all these years of volunteering, Jim replied "I've been here so long Beechwood is family to me now. The first time I was here, all I saw was wheelchairs; now I see only people. There's a big difference. It is fulfilling for me to help people who

have difficulties. If I can't make a resident holler or laugh when I'm here, I've wasted my time. Just talking with residents makes my day."

Jim's favorite moments at Beechwood are "all the parties provided for the residents that show that people around here really care". He truly appreciates the staff because there is longevity of many, and he witnesses them providing wonderful attention to the residents. This gives Jim great comfort which helped with the decision to move his wife, Judy, here two years ago when she needed special care.

Jim and Judy have 2 children, four grandchildren and four great-grandchildren. They will be married 50 years next May. When asked if they are going to do something special, he said "I guess we'll celebrate here!" Thank you, Jim, for all you do for so many!

By Rose Stertz Volunteer Coordinator

## **Welcome New Volunteers**

The residents and staff at The Beechwood Home value our wonderful volunteers. We are pleased to welcome the following new volunteers to Beechwood:

Antonny Kenfack Bavoua
Patti Brown
Connie Gerwe
Blanche Glenn
Jared Horstmann
Luke Langhals
Jean Kennevan
Kerry Ragland
Alexandra (Alex) Schutzman
St. Ursula Academy Students
Fred Wellbrock
Grace Willet
UC Center for Community Engagement

## **In Memory**

Ron Nienaber was a very dedicated volunteer at The Beechwood Home. He started volunteering with us over 20 years ago. He was an original member of the 500 Rummy Club, assisted with outings to River Downs, Kentucky Horse Park, and Reds games just to name a few of the many outings that he went on. He played poker and black jack with us on Tuesdays, as well as bringing in church bulletins on the weekends. He not only assisted with groups and outings, but also spent one-on-one time with the residents. Megan Randolph, Activities Director, says: "He always had a kind word and a friendly smile to pass along to all of the residents. His quiet nature and helpfulness did not go unnoticed. Ron continued to volunteer with us even when his health began to fail. He will be deeply missed by all who had the pleasure of knowing him."

#### **BEECHWOOD HOME 2014 BOARD OF TRUSTEES**

Mr. William Baechtold Mr. Samuel Bortz Mrs. Adele Craft Ms. Donna de Graaf Dr. Igor Dumbadze Mr. Gregory French

Mr. Vere Gaynor Mr. James Gibbs Mrs. Virginia Gross Mr. Grant Hesser Mrs. Mary Ann Meanwell Mr. Richard Moore Mr. Carson Morey Mrs. Kathye Nippert Mrs. Audre Sedacca Dr. Linda Workman Officers of the Board
President – Mr. Timothy Toft
Vice President – Mr. Richard Oliver

Treasurer – Ms. Cynthia Flick Recording Secretary – Mr. David Osborn Member at Large – Mr. Thomas Brennan

## Generosity of Anonymous Foundation Helps Beechwood Residents

In June, 2014, we were notified by an anonymous donor that we would be the recipient of over \$98,000 to purchase new tile for 4 shower rooms, a Carendo shower chair, 3 bariatric beds and 2 broda chairs. This kindness will result in a very significant improvement in the quality of life and positive health outcomes for our residents.

Patricia Clark, CEO of The Beechwood Home, says "the generosity of this particular foundation is truly humbling. We are so grateful to them for visiting our residence, hearing what our needs are and taking action. We cannot thank them enough."

## Leaving a Legacy

Would you like to leave a legacy that changes lives? Here is your chance. You can make it happen and it requires no financial commitment during your lifetime.

A bequest to The Beechwood Home Foundation has the power to influence the lives of many. It helps to ensure that Beechwood will be here for the next 100 years. It allows The Beechwood Home to continue to provide a homey atmosphere and excellent medical care, and to continue to be a place that allows for as much independence as possible for our residents. These are huge benefits for current and future residents.

Please help the Beechwood community by making a legacy gift to The Beechwood Home Foundation and make a lasting impact! Email Judy Sandquist at jsandquist@beechwoodhome.com for more information and/or to set up an appointment with her.



Honorees, Dr. Carl Sedacca and Mrs. Audre Sedacca with Kay Geiger, President of PNC Bank, Greater Cincinnati/Northern Kentucky and Donna De Graaf, Senior Vice President and Director of Trusts and Planning, PNC Bank

Dr. Carl and Mrs. Audre Sedacca were honored for their dedication to The Beechwood Home. A special video tribute was presented by the Sedacca and Zimmerman families and a lovely print by their good friend, John Ruthven, was given as a thank you from Beechwood. Patti Clark, CEO said "Carl and Audre are two very special people. They have done so much for Beechwood and it is a pleasure to honor them." Audre is currently serving on the The Beechwood Home Board of Trustees.

# The Ghost and Goblin Gala

This year's annual celebration dinner was held at the Cincinnati Country Club on October 25, 2014. The evening was filled with magic and fun. The guests were entertained by a palm reader throughout the evening and many of the partygoers were in costume. College-Conservatory of Music played popular "spooky" tunes to add to the fun. It was a very special night and one to be remembered.



Dr. and Mrs. Clifford Schultz



2140 Pogue Avenue Cincinnati, Ohio 45208

# Elvis sighting at Beechwood



The Beechwood Home had a sighting on Thursday, August 7th. Residents and staff enjoyed the music of Mike Davis. He was entertaining and the crowd loved him!

### An "Oh So Fun" Time

The Annual Block Party took place on Friday, September 19th. It was a beautiful, end-of-summer night – perfect weather, great food and lots of friends and family of

The Beechwood residents.

Residents, family, friends, staff and board members enjoyed dancing, eating together and fellowship. Megan Randolf, The Beechwood Home Activities Director, said "It was wonderful to see the support not only from our current and past board members, but the huge outpouring of love and support from family and friends." There was much laughter along with a bit of singing to the music. We



are especially grateful to Soul Pocket for entertaining us with their great music.

At the end of the night, there were many "oh so fun" comments as people left for their rooms and homes. As one friend of Beechwood said: "It was a perfect evening and most importantly the residents seemed to thoroughly enjoy themselves."

Help us "go green" and provide us with your email address.

Please email melder@beechwoodhome.com.