

**MENU FOR WEEK 3**

**MARCH 9<sup>TH</sup> – MARCH 15<sup>TH</sup>**

BREAKFAST	LUNCH	DINNER
<p><b><u>SUNDAY MARCH 9<sup>TH</sup></u></b>                      ORANGE JUICE                      OATMEAL                      FROSTED CINNABUNS                      SAUSAGE PATTY</p>	<p>MEATLOAF                      SCALLOPED POTATOES                      STEAMED GREEN BEANS                      ASSORTED DESSERT</p>	<p>TOMATO SOUP                      GRILLED CHEESE SANDWICH                      CAESAR SALAD                      ECLAIR</p>
<p><b><u>MONDAY MARCH 10<sup>TH</sup></u></b>                      ORANGE JUICE                      CREAM OF RICE                      SCRAMBLED EGGS                      TOAST/BUTTER</p>	<p>MESQUITE PULLED CHICKEN                      BAKED BEANS                      GRILLED VEGETABLE                      ROLL/BUTTER                      COCONUT CREAM PIE</p>	<p>ITALIAN SAUSAGE ON BUN                      PASTA SALAD                      SAUERKRAUT                      BAKED APPLE CRUMBLE</p>
<p><b><u>TUESDAY MARCH 11<sup>TH</sup></u></b>                      ORANGE JUICE                      GRITS                      BELGIAN WAFFLES/BUTTER/SYRUP                      BACON</p>	<p>GARLIC &amp; HERB TILAPIA                      RICE PILAF                      GLAZED CARROTS                      DINNER ROLL/BUTTER                      FRUIT &amp; YOGURT PARFAIT</p>	<p>GARDEN VEGETABLE SOUP                      TURKEY BLT WRAP WITH RANCH                      BAKED FRIES                      LEMON BAR</p>
<p><b><u>WEDNESDAY MARCH 12<sup>TH</sup></u></b>                      ORANGE JUICE                      CREAM OF WHEAT                      VEG/EGG/POTATO/CHEDDAR BAKE</p>	<p>ROASTED PORK W/GRAVY                      BAKED SWEET POTATO                      CALIFORNIA BLEND                      PINEAPPLE UPSIDE DOWN CAKE</p>	<p>VEGETARIAN TORTILLA SOUP                      BEEF ENCHILADAS                      SALSA/SOUR CREAM                      STEWED TOMATOES                      CHOCOLATE ICE CREAM</p>
<p><b><u>THURSDAY MARCH 13<sup>TH</sup></u></b>                      ORANGE JUICE                      OATMEAL                      BLUEBERRY PANCAKES                      HAM SLICE                      TOAST/BUTTER</p>	<p>MEAT LOVERS STROMBOLI                      MARINARA SAUCE                      ZUCCHINI AND YELLOW SQUASH                      PEACH COBBLER</p>	<p>WHITE CHICKEN CHILI                      CHEDDAR CHEESE &amp; SOUR CREAM                      OYSTER CRACKERS                      MARINATED VEGETABLES                      TAPICOA PUDDING</p>
<p><b><u>FRIDAY MARCH 14<sup>TH</sup></u></b>                      ORANGE JUICE                      CREAM OF RICE                      FRIED EGG                      TOAST/BUTTER</p>	<p>SHRIMP PRIMAVERA                      (MECH SOFT- BAKED FISH)                      ANGEL HAIR PASTA                      ROASTED ASPARAGUS                      ROLL/BUTTER                      BOSTON CREAM PIE</p>	<p>BLACK BEAN SOUP                      CHEESE MANICOTTI MARINARA                      SPINACH SALAD                      SUGAR COOKIE</p>
<p><b><u>SATURDAY MARCH 15<sup>TH</sup></u></b>                      ORANGE JUICE                      GRITS                      BAGEL W/CREAM CHEESE                      GOETTA                      BANANA</p>	<p>BEEF STROGANOFF                      BUTTERED NOODLES                      NORMANDY VEGETABLES                      DINNER ROLL/BUTTER                      POUND CAKE W/STRAWBERRIES</p>	<p>CHICKEN SALAD PLATE                      FRESH CUT FRUIT                      9MECH SOFT-CANNED FRUIT)                      VANILLA ICECREAM</p>

SUBSTITUTES\*\* PEPPERONI CALZONE, GRILLED CHEESE, PB&J, CHEF SALAD, CHEESE CUBE & FRUIT  
 ALTERNATE STARCH: MASHED POTATOES, BEEF BARLEY SOUP  
 ALTERNATE VEGETABLE: GREEN BEANS

SAMPLE